

APUSH/American History I (2019-2020)

6-week self-reflection

1. On a scale of 1-10 (10 being the highest), how would you rate your effort to learning and understanding the material in this class? Explain.
2. On a scale of 1-10 (10 being the highest), how would you rate your participation in class? Explain.
3. What class activities or assignments help you learn the most in this class?
4. What do you think is going well so far in this class?
5. What do you feel is the most impactful or important thing you have learned so far in this class?
6. How much homework per night do you average in this class (total time)?
7. How much total homework per night do you average in all your classes combined?
8. How many nights per week are you able to sleep at least 8 hours? Could this be improved? How so?
9. What is one goal or area that you would like to improve in this class by the end of the trimester? What actions can you take?
10. How can Dr. Hawkins help you get the most out of this course? Do you have any specific issues or concerns that you would like to share or discuss further?